



SALADS

PESTO CAESAR

Kale with Bulgur, Tomatoes, Pita Chips, Parmesan, Lime-Pickled Onions



Pesto Vinaigrette & Caesar

Ask for it with Sriracha!



Chicken



Roots Favorite

MAYWEATHER

Kale with Bulgur, Sweet Potatoes, Beets, Red Onions, Goat, Avocado



Lemon Tahini & Pesto Vinaigrette



Chicken

CORNER COBB

Arcadian Mix with Kale & Roots Rice, Sweet Potatoes, Corn, Red Onions, Cucumbers, Avocado, Hard Boiled Egg



Greek Feta



Chicken

TAMARI

Brown Rice & Kale with Broccoli, Red Onions, Carrots, Pickled Jalapeños, Cabbage, Toasted Almonds



Miso Ginger



Miso Tofu

EL TORO

Brown Rice with Kale, Black Beans, **Hot Banana Peppers**, **Queso Fresco**, Corn, Crispy Onions



Creamy Chipotle Lime



Steak Asada

Limited Time

BASES

Grains

Brown Rice
Roots Rice
Bulgur [G]

Lettuces

Kale
Arcadian Mix
Spinach

INGREDIENTS

Extras are 75 cents.
Customs include 5.

Roasted

Sweet Potatoes
Beets
Broccoli
Mushrooms

Beans

Black Beans
Chickpeas

Veggies & More

Charred Corn
Cucumbers
Tomatoes
Red Onions
Crispy Onions
Pita Chips [G]
Avocado (\$1.95)
Cabbage
Dried Cranberries
Toasted Almonds [N]
Hard Boiled Egg [E]

Cheeses

Feta [D]
Parmesan [D]
Goat [D]
Cheddar [D]
Queso Fresco [D]

Pickled

Lime-Pickled Onions
Pickled Carrots
Pickled Jalapeños
Hot Banana Peppers

Love it as is or make it yours - modify any Roots Bowl!



GRAIN BOWLS

EL JEFE

Brown Rice with Kale, Black Beans, Corn, Red Onions, Avocado, Pita Chips, Feta



Cilantro Lime

Ask for it with the Works!



Chicken



Roots Favorite

THE BALBOA

Brown Rice with Sweet Potatoes, Corn, Pita Chips, Avocado, Feta, Lime-Pickled Onions



Tahini, Caesar & Frank's Red Hot



Chicken

YAM JAM

Roots Rice with Spinach, Sweet Potatoes, Pita Chips, Red Onions, Goat, Dried Cranberries



Basil Balsamic*



Chicken

THE SOUTHERN

Roots Rice with Kale, Chickpeas, Broccoli, Corn, Lime-Pickled Onions, Cheddar



Lemon Tahini



BBQ Tofu

THE APOLLO

Brown Rice with Spinach, Chickpeas, Cucumbers, Pita Chips, Tomatoes, Red Onions, Feta



Lemon Za'atar



Chicken

MAD BOWL

Brown Rice with Spinach, Chickpeas*, Broccoli, Cucumbers, Tomatoes, Red Onions, Parmesan, Mushrooms



Pesto & Basil Balsamic

DRESSINGS

Made in House

Cilantro Lime
Creamy Chipotle [D]
Lemon Tahini [S]
Caesar [D,F,E]
Pesto Vinaigrette [D]
Basil Balsamic
Greek Feta [D]
Miso Ginger [S]
Lemon Za'atar

Citrus & Spice

Chipotle Tabasco
Sriracha
Frank's Red Hot
Lime or Lemon
Salt & Pepper

Basics

Olive Oil
Red Wine Vinegar

FROM THE GRILL

Grill Items

Chicken
Steak Asada
BBQ Tofu [S]
Miso Tofu [S]
No Grill Item

Extra

3.75
4.75
3.25
3.25
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DRINKS

Draft Teas - Hibiscus, Lemon, Dragonfruit
Diet Coke, Dr Pepper, Jarritos, Fresca,
Brisk, Poppi, Bubly, Bottled Water

★ New to Bowl Recipe

| Allergens: Gluten [G] Dairy [D] Soy [S] Fish [F] Tree Nuts [N] Egg [E]